



SYC YACHT RACING
THE STAMFORD OVERNIGHT RACE
Friday, August 20, 2010

SAILING INSTRUCTIONS

1. Rules

- 1.1. The regatta will be governed by the rules as defined in the Racing Rules of Sailing (2009-2012), except as may be altered by these Sailing Instructions.
- 1.2. Between boats racing and not racing, from sunset and sunrise, the International Regulations for Prevention of Collision at Sea replace the relevant rules of Part 2 of the Rules.
- 1.3. All entrants must comply with the Minimum Equipment & Safety Recommendations of the YRA - Category C, and all shall carry a VHF radio capable of transmitting and receiving on Channel 05.
- 1.4. In accordance with RRS 1.2., non-spinnaker class boats shall sail with a main and jib only. A jib is defined as a headsail with the entire luff of the sail attached along the headstay. Reaching struts/whisker poles may be used with one end attached to the mast.
- 1.5. RRS Rule 52 is waived to permit wind vanes and/or auto pilots during racing for the Double-handed Division.

2. Eligibility

Open to single hulled sailing boats 24' LOA and over, that are either owned or chartered and holding a valid YRALIS PHRF certificate. This event is a qualifying regatta for the Stamford Trophy Series, Stamford Cup, Windingo, Sagola, King's Point, Lighthouse and Mertz Trophies.

3. Notices to Competitors

Notices or changes to the Sailing Instructions will be posted on the Stamford Yacht Club website www.stamfordyc.com as well as at the SYC front desk.

4. Courses

One of two courses shall be selected and signaled from a halyard from the Signal Boat:

COURSE A, signaled with code flag "A," shall be sailed from the START to Flashing Bell R "18" off Point-No-Point, Stratford; then, passing to the east of Stratford Shoals Lighthouse to Flashing Bell MO "A" (R/W "PJ") off Port Jefferson; then to Flashing Bell R "32" (The Cows) off Shippan Point; then to Nun R "2" off the east Stamford breakwater; then to the FINISH. All turning marks must be left to starboard. The distance is 47.6 nm.

COURSE B, signaled with code flag "B," shall be sailed from the START to Flashing Bell MO "A" (R/W "PJ") off Port Jefferson; then, passing to the east of Stratford Shoals Lighthouse, to Flashing Bell R "18" off Point-No-Point, Stratford, these marks left to port; then, to Flashing Bell R "32" (The Cows) off Shippan Point to Nun R "2" off the east Stamford breakwater, these marks left to starboard; then to the FINISH. The distance is 47.6 nm.

5. The Start

5.1. Before the Warning Signal for the division in which she will start, each boat shall approach the stern of the Race Committee boat and declare her intention to race by calling out her name, club and sail number.

5.2. Races will be starting using Rule 26, with the following modification: 5 minutes before the Warning Signal for the first class to start, Code Flag "F" will be displayed with one sound; 1 minute before the Warning signal for such class Code Flag "F" will be removed without sound. Succeeding classes will start at ten-minute intervals. The first signal shall be at 1900. The warning signal for each succeeding class shall be made five minutes after the starting signal of the preceding class.

5.3. The starting line will be between a staff displaying a yellow flag on the Race Committee boat and Flashing Bell R "32."

6. Recalls

Rule 29.1 is hereby modified to allow that, in the event of an Individual Recall, infringing boat(s) may be recalled by name or sail number, by loud hailer or over Channel 05.

7. The Finish

7.1. The finish line shall be between the staff displaying a yellow flag on the Signal Boat and the green flashing beacon on the Stamford Harbor West Breakwater. The Signal Boat shall be anchored northerly of the East Breakwater. It is intended that the beacon is the westerly end of the FINISH regardless of the functioning of the green flasher.

7.2. If no Committee Boat is on station at the FINISH, each yacht shall record her finish time at a point where the green beacon of the West Breakwater bears 260 magnetic. This finish time shall be reported to the Race Committee as soon as possible.

7.3. Each boat shall call the Race Committee on VHF Channel 05 as they round R "32" or are within 1 mile of the FINISH and shall announce her sail number and name. Each boat is responsible for knowing her finish time with respect to the boats finishing ahead of and behind her.

7.4. A boat withdrawing from the race, must inform the Race Committee via VHF Channel 05 as soon as possible, or call the Race Committee at 203-912-5914.

8. Time Limit

The absolute time limit for the race is 1000 Saturday, August 21, 2010. Boats finishing after that time shall be scored TLE (Time Limit Expired.)

9. Protests

9.1. Protesting boats shall comply with part 5, section A of the RRS, which are modified as follows:

9.2. A yacht intending to file a protest shall so inform the Signal Boat immediately after finishing or withdrawing.

9.3. A written protest shall be addressed to the Race Committee and delivered to the front desk at Stamford Yacht Club no later than 1200 Saturday, August 21, 2010. It is the intention of the Race Committee to notify all affected parties, and to begin hearings at SYC at 1700, Saturday, August 21, 2010.

10. Scoring

Scoring in fleet and in division will be based upon a boat's corrected time computed utilizing her PHRF distance rating and a course length of 47.6 nm.

11. Prizes

11.1. Prizes will be awarded for each division as follows: First Place with three or more starters; Second Place with five or more starters, and Third Place with seven or more starters.

11.2. An overall prize will be awarded to the yacht "First in Fleet."

11.3. Prizes will be awarded at the Stamford Yacht Club Awards Ceremony on Saturday, October 16, 2010.

14. Safety and Responsibility

It is the sole responsibility of the master of each yacht to see that she is seaworthy in all respects and that she is manned by a competent crew. The master and all members of the crew of each yacht, by participating in this race, agree to do so at their own risk, and waive any claim against and hold harmless The Stamford Yacht Club, its officers, directors, committees, members, employees and agents against any claims arising in any way out of the participating in the Race of such yacht, her master and crew.

For additional information please contact:

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203-912-5914